

**Hidden names for MSG and Free Glutamic Acid:**

**Names of ingredients that always contain processed Free Glutamic Acid (7):**

Glutamic Acid (E 620)2  
Glutamate (E 620)  
Monosodium Glutamate (E 621)  
Monopotassium Glutamate (E 622)  
Calcium Glutamate (E 623)  
Monoammonium Glutamate (E 624)  
Magnesium Glutamate (E 625)  
Natrium Glutamate  
Yeast Extract  
Anything hydrolyzed  
Any hydrolyzed protein  
Calcium Caseinate  
Sodium Caseinate  
Yeast Food  
Yeast Nutrient  
Autolyzed Yeast  
Gelatin  
Textured Protein  
Soy Protein  
Soy Protein Concentrate  
Soy Protein Isolate  
Whey Protein  
Whey Protein Concentrate  
Whey Protein Isolate  
Anything: protein  
Vetsin  
Ajinomoto